

Vocabulary

1 Decide if the sentences are true (T) or false (F). Correct the false statements without changing the words in bold.

- 1. **Nutritious** food is dangerous to eat.

- 2. If you are **out of shape**, you don't do well at maths.

- 3. People who are **exhausted** should get some sleep.

- 4. People are usually **enthusiastic about** things they are afraid of.

- 5. If you are **miserable**, you're very happy.

- 6. A **sane** person is mentally healthy.

2 Choose the correct answer.

1. A: I have to ¹ **kick in / get fit / take up** so I can participate in the triathlon.
 B: Be careful and don't ² **enable / strengthen / overdo** it!
 A: Don't worry – I'll gradually increase my ³ **disease / endurance / pressure**.
 B: OK – just don't ⁴ **get over / avoid / injure** yourself.
2. A: I'm trying to ⁵ **cut down on / come down with / get over** sweets.
 B: But you don't need to – you're not ⁶ **underweight / overweight / out of shape!**
 A: I know, but I'd like to eat a more ⁷ **strenuous / miserable / nutritious** diet.
 B: I'd like to eat less sugar too, but I don't have any ⁸ **self-discipline / trainer / mood**.

3 Replace the words in bold with the words below.

sign • sense • improve • avoid • enable • chase • trainer • last

1. Tim could **feel** that something was wrong.
2. The police began to **run after** the robber.
3. To learn the proper exercises, talk to the **teacher at the gym**.
4. What **indication** was there that she was depressed?
5. Jess is trying to **stay away from** Brendon today.
6. How long will this heatwave **go on**?
7. I hope my marks will **get better** this year.
8. The crutches will **make it possible for** Jimmy to walk on his own.

4 Complete the sentences with a suitable word to show that you have understood the words in bold.

1. Mike is planning to **work out** today. He's going to the
2. I'm going to **warm up** before the competition. I'm going to do some
3. I think my dog has **put on** some weight. It's harder to her.
4. I'm **coming down with** something. I feel
5. It's so good to see you. I'm glad you **got over** your

5 Answer the questions with a logical response. Pay attention to the words in bold.

1. Why did Steve **break up** with his girlfriend?
.....
2. Why is Peter **overweight**?
.....
3. Why is she **getting rid of** these clothes?
.....
4. Why are the people in the queue **fed up**?
.....
5. Why have you started **lifting weights**?
.....

6 Complete the sentences so that they are true for you.

1. I usually **avoid** doing
2. I hope to **improve** my
3. I'd like to have more **self-discipline** to
4. I'm usually **miserable** when the weather is
5. I'm usually **exhausted** after I
6. I hope that one day I will **take up**
7. I have recently **got rid of**
8. When I'm in a bad **mood**, I usually
9. I often **get out of breath** when I
10. I usually **go for a walk** in

Grammar

1 Choose the correct answer.

¹ **Do your eyes burn / Are your eyes burned** when you use the computer? If so, you might have Computer Vision Syndrome (CVS). This ² **causes / is caused** when focusing the eyes on a computer screen for long periods of time. People who wear glasses ³ **affect / are affected** more by CVS. But whether you wear glasses or not, your eyes ⁴ **will lose / will be lost** some of their ability to produce tears as you get older. That ⁵ **will create / will be created** additional irritation.

A few simple steps ⁶ **can take / can be taken** to prevent CVS. First, the contrast on your computer screen ⁷ **should adjust / should be adjusted** so that it is not too bright and not too dull. Flat screens ⁸ **cause / are caused** less strain than older models. Moreover, any papers you're reading from ⁹ **should keep / should be kept** at the same height as the screen so you don't have to refocus your eyes constantly.

2 Complete the sentence with the correct passive form of the verb in brackets.

1. Penicillin, a common medicine, (discover) accidentally.
2. Prizes (give) to the winners next week.
3. Your name (must / write) at the top of your paper or you will not receive a mark.
4. The baby has a high temperature. He (should / take) to hospital.
5. The food for the party already (purchase), so you don't have to bring anything.
6. While my car (repair), I took the bus to work.
7. Her artwork (display) at the gallery starting tomorrow.

3 Rewrite the sentences in the passive. Omit the agent when possible.

1. The doctor ordered blood tests for the patient.
.....
2. You must lock the door before you leave.
.....
3. They saw her leaving the party with Nicholas.
.....
4. Have you invited Peter to the party?
.....
5. The chef prepares all the food with only the healthiest ingredients.
.....
6. He had no idea that the police were watching him.
.....

4 Complete the mini-dialogues with the verbs in brackets. Use the causative form.

1. A: You look a little different, but I'm not sure why.
B: I my hair (do) last week!
2. A: Doesn't Nelly have a tattoo on her arm?
B: She did, but she it (remove).
3. A: The car is so dirty. I can write my name on it!
B: We it (wash) today.
4. A: It's so annoying that the television broke down.
B: Don't worry – we it (repair) as we speak.
5. A: The computer translation of that file in Greek didn't make sense.
B: I know. We it (translate) professionally after I saw it.

5 Complete the sentences with the verbs in brackets. Use the active or passive form.

1. I'm fed up. I (not understand) why my complaints (not deal with) yet.
2. His disease (last) for years but hopefully, they (find) a cure soon.
3. I (ignore) until I (complain) to the manager about the terrible service.
4. She (work out) three times a week and there (recently / be) an improvement in her health.
5. She (ride) her motorbike when she (hit) by a careless driver.

6 Write the sentences using the word in brackets. Use the passive or causative form.

There may be more than one possible answer.

1. I'm going to see the optician today. (tested)
.....
2. You can find the keys on the shelf in the kitchen. (kept)
.....
3. Our team lost in the semifinals. (defeated)
.....
4. Ella paid someone to clean her house. (had)
.....
5. You still haven't given me an answer to my question. (hasn't)
.....